



# Center for Clinical Management Research

## Quarterly Accomplishments Newsletter

Accomplishments and Impacts

April-June 2017

### Table of Contents

- [Awards and Honors](#)
- [In the News](#)
- [Grants](#)
- [Featured Publications](#)



## Awards and Honors



## Congratulations to Eve Kerr

Recipient of the 2016 VA Under Secretary's Award for Outstanding Achievement in Health Services Research. Eve is recognized for her substantive contribution to the future of VA health services and insight into factors that affect the health of America's Veterans, as well as her demonstrated excellence in training and mentoring young investigators.





# Congratulations to Michele Heisler and Sanjay Saint

Named among the 2017 Elected Members of the Association of American Physicians (AAP) for their work as leading senior physician scientists. The AAP's goals include the pursuit of medical knowledge, and the advancement and application of clinical medicine.



## Additional Awards and Honors

- The University of Michigan Board of Regents approved the following promotions this spring:
  - **Vineet Chopra**; Associate Professor of Internal Medicine, with tenure
  - **Mark Ilgen**; Professor of Psychiatry, with tenure
  - **Deborah Levine**; Associate Professor of Internal Medicine, with tenure, and Associate Professor of Neurology, without tenure
  - **Edd Post**; Clinical Professor of Internal Medicine
  - **Ann-Marie Rosland**; Associate Professor of Internal Medicine, with tenure
  - **Sameer Saini**; Associate Professor of Internal Medicine, with tenure
  - **Ted Skolarus**; Associate Professor of Urology, with tenure
  - **Akbar Waljee**; Associate Professor of Internal Medicine, with tenure



## In the News



## Implementation science breaking down barriers for infection prevention success

Authors: Anne Sales, Sarah Krein.

The Society for Healthcare Epidemiology of America

April 11, 2017



INSTITUTE FOR  
HEALTHCARE POLICY & INNOVATION  
UNIVERSITY OF MICHIGAN

## 8 things that excellent hospital doctors do

Author: Sanjay Saint, Molly Harrod

UMHS Press Release

May 4, 2017



## VA research: the obesity epidemic

Authors: Laura Damschroder

Veterans Affairs & Military Medicine Outlook

May 16, 2017



### Additional News Items

- Chad Brummett, Jennifer Waljee, Jenna Goesling, Stephanie Moser, Paul Lin, Michael Englesbe, **Amy Bohnert**, Sachin Kheterpal, **Brahmajee Nallamothu**. April 2017. [From opioid-free to long-term user, in one operation: study shows key role of surgery](#). Later cited in [M Health Lab](#), [FOX News](#), [US News](#), [The Huffington Post](#), and [26 other news outlets](#).
- **Akbar Waljee**, Mary Rogers, Paul Lin, Amit Singal, Joshua Stein, Rory Marks, John Ayanian, **Brahmajee Nallamothu**. April 2017. [Common drugs, uncommon risks? Higher rate of serious problems seen in adults who take short-term steroids](#). Later cited in [M Health Lab](#), [The New York Times](#), and [17 other news outlets](#).
- Steven Katz, Lauren Wallner, Paul Abrahamse, Nancy Janz, Kathryn Martinez, Dean Shumway, Ann Hamilton, Kevin Ward, Kenneth Resnicow, **Sarah Hawley**. April 2017. [How doctors can bridge the cultural divide to reach Latina breast cancer patients](#). Later cited in [11 news outlets](#).
- **Vineet Chopra**. April 2017. [A patient with chronic pancreatitis is helping shape research on vascular access devices - and much more - at Michigan Medicine](#).
- **Jeremy Sussman**. May 2017. [Yes, statins protect the hearts. But critics question their expanding use](#).
- **Ann-Marie Rosland**. May 2017. [Advancing patient and family engaged care by building the evidence base](#).
- **Joel Rubenstein**. May 2017. [A new study suggests some Americans are more susceptible to esophageal cancer, and it's linked to where they live. More research is needed to pinpoint the relationship](#). Also featured on [M Health Lab](#).
- Priya Wadhera, Thomas Alexander, **Brahmajee Nallamothu**. May 2017. [India's decision to cap coronary stent prices could affect global market](#). Later cited in [11 news outlets](#).
- **Sameer Saini**. May 2017. [DDW 12 research wrap-up: prescribing PPIs, underwater colonoscopy, and diet and colic](#).
- Valerie Vaughn, Dmitry Shuster, Mary Rogers, Jason Mann, Marisa Conte, **Sanjay Saint**, **Vineet Chopra**. May 2017. [Faster feeding may mean faster recovery in pancreatitis, U-M researchers find](#). Later cited in [16 news outlets](#).

- Lona Mody, **M. Todd Greene**, Jennifer Meddings, **Sarah Krein**, Sara McNamara, Barbara Trautner, **David Ratz**, Nimalie Stone, **Lillian Min**, Steven Schweon, Andrew Roelle, Russell Olmsted, Dale Burwen, James Battles, Barbara Edson, **Sanjay Saint**. May 2017. Nursing homes cut urinary tract infections in half through focused effort on catheter care. Later cited in 13 news outlets.
- **Rod Hayward**. May 2017. Sunset, sunrise: the rebirth of clinical scholars program. Also featured on M Health Lab.
- **Jeffrey Kullgren, Ann-Marie Rosland**. June 2017. Medicaid expansion helped enrollees do better at work or in job searches.
- **Vineet Chopra**. June 2017. How to pick the right PICC for a patient? There's an app for that.



## Recently Initiated VA HSR&D Grants



### Developing benefit-based performance measurement for VHA

Performance measures can be used to guide care – such as when a clinician realizes that he or she is not providing ideal care because a new performance measure recommends something he or she had not been doing or when physician report cards inform a clinic director that one doctor is particularly skilled. Combining performance measures into composites is the most established way to summarize and guide care. In this project, we will develop new performance measures and new ways of creating composites that will be aimed directly at improving care in ways that are effective and less burdensome to providers.

Team Members: Jeremy Sussman (PI), Laura Damschroder, Rod Hayward, Tim Hofer, Eve Kerr, Deb Levine, Brahmajee Nallamothu, Doug Bentley, Jenny Burns, Caitlin Kelley, Wyndy Wiitala, Brad Youles, Janelle Keusch, Jane Forman





## Optimizing treatment response in VA specialized intensive/inpatient PTSD programs

Posttraumatic stress disorder (PTSD) is a large and ever-increasing problem for our nation's Veterans. Though evidence-based PTSD treatment is generally effective, up to a third or more of individuals with PTSD respond poorly to treatment. Many poor responders are treated in residential VA PTSD programs. This study will address the needs of poor responders in residential care by identifying factors associated with good and poor PTSD treatment response, then developing and piloting a modified intervention for individuals who are at risk of poor response.

Team Members: Rebecca Sripada (PI), Marcia Valenstein, Fred Blow, Jane Forman, Dara Ganoczy, Lauren Emerson, Shiela Rauch (Atlanta)



## Advanced prediction models to optimize treatment and access for veterans with Hepatitis C

Despite highly effective treatment for chronic hepatitis C (CHC), we cannot treat all infected patients immediately. This study will develop a risk-based, systematic approach that will maximize treatment benefit while limiting clinical and economic harms. This research will produce a strategy to systematically identify high-risk patients and lay the groundwork for future implementation by engaging the Veteran voice. In addition, we will examine the impact of targeted CHC treatment on clinical outcomes and healthcare utilization.

Team Members: Akbar Waljee (PI), Sameer Saini, Pia Roman, Maria Hughes, Amanda Ellis, Jennifer Burns, Wyndy Wiitala, Tony Van, Rachel Lipson, Grace Su (UM), Ji Zhu (UM), Raymond De Vries (UM), Kerry Ryan (UM), Chris Krenz (UM), George Ioannou (Seattle, WA), Lauren Beste (Seattle, WA)



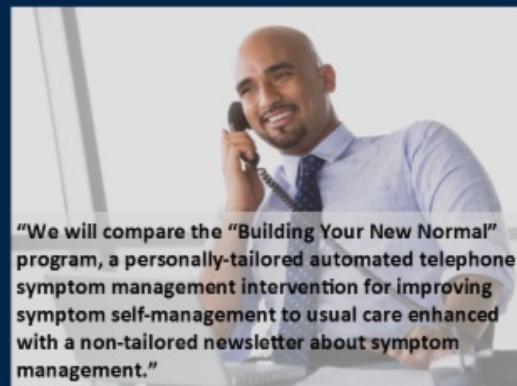
### Additional Funded Grants

- **Michele Heisler.** June 15, 2017. Blue Cross Blue Shield of Michigan Fdn. Physician-pharmacist collaborative to enhance safe opioid and buprenorphine prescribing.
- **Ken Langa.** July 1, 2017. Society of General Medicine (SGIM). Chronic diseases and physical functioning: development and validation of an ICD-coded multimorbidity index.
- **Brahmjee Nallamothu.** April 1, 2017. American Heart Association, Inc. AngioAid: a fully automated computer-based platform for interpreting coronary angiograms.



### Featured Publications

# Optimizing Veteran-centered prostate cancer survivorship care: study protocol for a randomized controlled trial

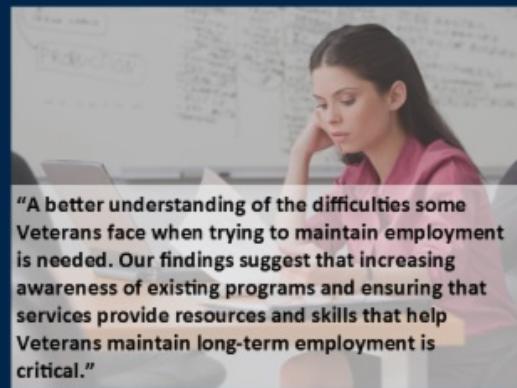


"We will compare the "Building Your New Normal" program, a personally-tailored automated telephone symptom management intervention for improving symptom self-management to usual care enhanced with a non-tailored newsletter about symptom management."

**Skolarus TA, Metreger T, Hwang S, Kim HM, Grubb RL 3rd, Gingrich JR, Hawley ST.** (2017 Apr) Optimizing Veteran-centered prostate cancer survivorship care: study protocol for a randomized controlled trial. *Trials* 18(1):181. doi: 10.1186/s13063-017-1925-4



## "I've never been able to stay in a job": a qualitative study of Veterans' experiences of maintaining employment



"A better understanding of the difficulties some Veterans face when trying to maintain employment is needed. Our findings suggest that increasing awareness of existing programs and ensuring that services provide resources and skills that help Veterans maintain long-term employment is critical."

**Harrod M, Miller EM, Henry J, Zivin K.** (2017 Jun) "I've never been able to stay in a job": a qualitative study of Veterans' experiences of maintaining employment. *Work* 57(2):259-268. doi: 10.3233/WOR-172551



# Development and application of the RE-AIM QuEST mixed methods framework for program evaluation

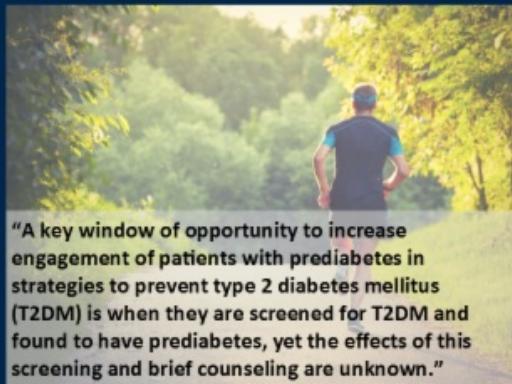


"[RE-AIM QuEST] incorporates quantitative and qualitative data and analyses during an intervention to identify and address barriers in real time, allowing adjustment and improvement of implementation and tailoring to maximize results."

Forman J, Heisler M, Damschroder LJ, Kaselitz E, Kerr EA. (2017 Apr) Development and application of the RE-AIM QuEST mixed methods framework for program evaluation. *Prev Med Rep* 6:322-328. doi: 10.1016/j.pmedr.2017.04.002



## Forging New paths in Diabetes prevention (FINDIT): study protocol for a randomized controlled trial



"A key window of opportunity to increase engagement of patients with prediabetes in strategies to prevent type 2 diabetes mellitus (T2DM) is when they are screened for T2DM and found to have prediabetes, yet the effects of this screening and brief counseling are unknown."

Kullgren JT, Youles B, Shetty S, Richardson C, Fagerlin A, Heisler M. (2017 Apr) Forging New paths in Diabetes Prevention (FINDIT): Study Protocol for a Randomized Controlled Trial. *Trials* 18:167. doi: 10.1186/s13063-017-1887-6



## CCMR Publications

See the complete list of publications from [April to June 2017](#).

Please contact [Christine Exe](#) with feedback on this newsletter.

Credit for Icons: [Noun Project](#)